

Aquasport : A partir du 7 septembre

Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

07h45 ⁽⁴⁵⁾

aquafitness

09h15 ⁽³⁰⁾

aquabiking

12h15 ⁽⁴⁵⁾

aquafitness

17h15 ⁽⁴⁵⁾

aquafitness

18h15 ⁽³⁰⁾

aquabiking

19h00 ⁽⁴⁵⁾

aquafitness

20h00 ⁽⁴⁵⁾

aquafusion

07h45 ⁽⁴⁵⁾

aquafitness

09h15 ⁽⁴⁵⁾

aquafitness

12h15 ⁽⁴⁵⁾

aquafitness

18h15 ⁽⁴⁵⁾

aquafitness

19h15 ⁽³⁰⁾

aquabiking

20h00 ⁽⁴⁵⁾

aquaboxing

07h45 ⁽³⁰⁾

aquabiking

09h15 ⁽⁴⁵⁾

aquafitness

12h15 ⁽⁴⁵⁾

aquafitness

18h15 ⁽⁴⁵⁾

aquafitness

19h15 ⁽⁴⁵⁾

aquafitness

20h15 ⁽³⁰⁾

aquabiking

07h45 ⁽⁴⁵⁾

aquafitness

09h15 ⁽³⁰⁾

aquabiking

12h15 ⁽⁴⁵⁾

aquaboxing

18h15 ⁽⁴⁵⁾

bodypalm

19h00 ⁽⁴⁵⁾

aquafusion

20h00 ⁽³⁰⁾

aquabiking

07h45 ⁽⁴⁵⁾

aquafitness

09h15 ⁽⁴⁵⁾

aquafitness

12h15 ⁽³⁰⁾

aquabiking

17h15 ⁽³⁰⁾

aquabiking

18h15 ⁽⁴⁵⁾

aquafitness

19h15 ⁽³⁰⁾

aquabiking

20h00 ⁽⁴⁵⁾

aquapower

09h15 ⁽⁴⁵⁾

aquafitness

11h30 ⁽⁴⁵⁾

bodypalm

12h30 ⁽³⁰⁾

aquabiking

09h15 ⁽⁴⁵⁾

bodypalm



intensités

COOL TONIC BOOST XTREM

